

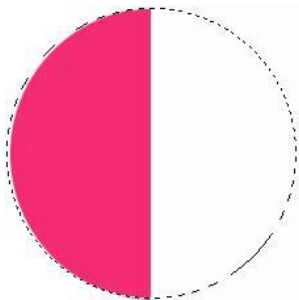
Unit 2

What time do you go to school?

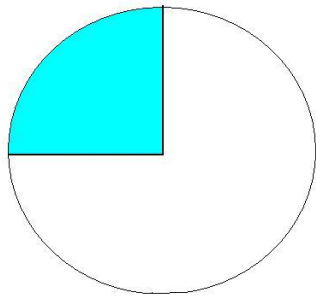
Section B 1

1a-2c

What time is it?



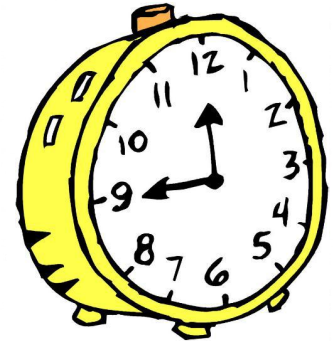
half



quarter



half past nine



a quarter to twelve



a quarter past seven



a.m.

in the morning



p.m.

in the afternoon

What time do you...?



do homework



go to bed



run



walk



take a walk



clean the room

1a

When do students usually do these things? Match the activities with the time of day.

half past six in
the morning

3.

a quarter past three
in the afternoon

2.

a quarter to ten
in the evening

4.

a quarter to seven
in the evening

1.



1. do
homework



2. eat
dinner



3. eat
breakfast



4. go to
bed

1b

Ask and answer with your partner.

When do students usually eat dinner?



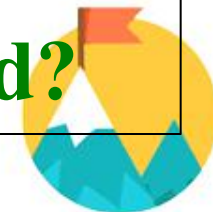
They usually eat dinner at a quarter to seven in the evening.



They usually go to bed at a quarter to ten in the evening.



When do students usually go to bed?



When do students eat breakfast?

They usually eat breakfast at half past six in the morning.



They usually do homework at a quarter past three in the afternoon.

When do students do homework?



Listening

1c

Listen and circle the activities you hear.



- | | |
|-----------------------------|-------------------------|
| 1. get up 5:30 _____ | 6. do my homework _____ |
| 2. run _____ | 7. clean my room _____ |
| 3. eat breakfast _____ | 8. eat dinner _____ |
| 4. go to school _____ | 9. take a walk _____ |
| 5. go home _____ | 10. go to bed _____ |

1d

Listen again. Write the time next to the activities you circled in 1c.



1. get up **5:30**
2. run **6:00**
3. eat breakfast **7:00**
4. go to school **7:45**
5. go home **4:15 p.m.**
6. do my homework **5:30 p.m.**
7. clean my room
8. eat dinner **7:15 p.m.**
9. take a walk
10. go to bed **9:00 p.m.**



1e

Ask and answer questions about Tom.

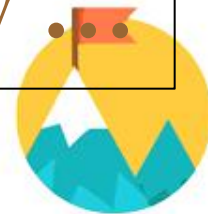
When does Tom usually get up?

He usually gets up at half past five.

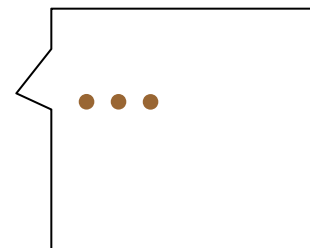
What time does Tom usually ...?



He usually ...



**What time does
Tom ...?**



2a

Talk about the activities you think are healthy.



go to bed early ✓



eat ice-cream ____



eat quickly ____



play sports ✓



eat vegetables ✓



take a walk ✓

Thinking

What other healthy activities you know.



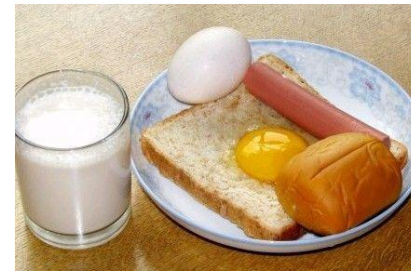
eat lots of
fruit



exercise



brush teeth
twice every day



eat a good breakfast

Reading

2b

Read the passage, and
answer the questions.



1. Who is healthier,
Tony or Mary?

Mary.

2. When does Tony go to
bed?

At ten thirty.

3. When does Mary go to
bed?

At nine thirty.

Read again and fill in the blanks.



Time	Tony's Activities
At eight	<u>gets up</u>
	eats a quick breakfast
At eight thirty	<u>goes to school</u>
At noon	<u>eats hamburgers</u>
After school	<u>plays basketball for half an hour</u>
	<u>does his homework</u>
in the evening	<u>watches TV or plays computer games</u>
At ten thirty	brushes teeth and goes to bed



Time

Mary's Activities

At six thirty

gets up

takes a shower and eats a good
breakfast

At eight thirty

goes to school

At twelve

eat lots of fruit and vegetables

After lunch

plays volleyball

eats ice-cream

in the evening

does her homework, swims or
takes a walk

At nine thirty

goes to bed

After-reading



2c Write down the unhealthy habits of each person. Then think of healthy activities for them.

Unhealthy habits

Tony gets up late
eats breakfast quickly
eats hamburgers for lunch
goes to bed late



Healthy activities

gets up early

eats a good breakfast

eats lots of fruit and vegetables

goes to bed early

Language Points

1. ...so I usually eat very **quickly**.

quickly *adv.* “很快地”，修饰动词。

e.g. The dog runs **quickly**.

小狗快速地跑了。

Don't eat **quickly**. It's not a good habit.

别吃得太快，这不是个好习惯。



拓展：

quick *adj.*, 快的；迅速的。

e.g. Tom eats a **quick** breakfast, then
goes to school.

汤姆快速吃完早饭，然后就去上学
了。



2. In the evening, I **either watch TV **or** play computer games.**

either... or... “或者……或者……” 连接两个并列名词、代词或句子成份。

e.g. You can **either play chess **or** play the guitar.**

你可以下棋或弹吉它。



当**either...or...**连接两个名词作主语时，
谓语动词的时态和数应与最近的一个相
匹配（就近一致）。

e.g. **Either** you **or** he **is** right.

不是你对就是他**对**。



3. ...she eats **lots of** fruit and vegetables for lunch.

lots of 与 **many, much** 的用法

都有“许多；大量”之意，但用法不同。

1) **lots of** 后面可以跟可数名词也可以跟不可数名词。

e.g. He doesn't have **lots of** (=many) books.

We have **lots of** (=much) work to do.



2) **many**与可数名词复数形式连用。

e.g. There are **many** apples in the basket.

篮子里有许多苹果。

3) **much**表数量时，只能修饰不可数名词。

e.g. We don't have **much** milk.

我没有很多牛奶了。



4. She knows it's not good for her, but it tastes good!

1) be good for ...表示“对.....有益；
对.....有好处”；

be bad for...表示“对.....有害；
对.....有坏处”。



e.g.

It's good for our health to go to bed early
and get up early.

早睡早起对我们的健康有好处。

Don't read in the dark. **It's bad for** your
eyes.

不要在暗处看书，这对你的眼睛有害。



2) **taste** 意为“品尝 …… 的味道”。是连系动词，后面常跟形容词。

e.g. Apples **taste** good.

苹果尝起来味道很好。

Does the ice-cream **taste** nice?

冰淇淋的味道尝起来很好吗？

拓展：**taste** *n.* “味道”。

e.g. The ice-cream has a **taste** of lemon.

冰淇淋有点柠檬的味道。



Exercises

Translation.

1. 步行 take a walk
2. 做作业 do homework
3. 打扫房间 clean the room
4. 吃得快 eat quickly
5. 去睡觉 go to bed
6. 或者.....或者..... either...or
7. 许多、大量 lots of

Complete the conversation.

1. A: When does Jim get up?

6:30 AM

B: He usually gets up at
half past six.



2. A: When do your parents
clean the room?

8:15 AM

B: They usually clean the
room at a quarter past
eight in the morning.



3. A: When does Jim
do homework?

7:45 PM

B: He usually does his
homework at a quarter to
eight in the evening.



4. A: When does Eric take a
walk?

5:45 PM

B: He usually takes a walk
at a quarter to six in the
evening.



Complete the sentences.

1. 我没有时间吃早餐，因此我通常吃得很快。

I don't have much time for breakfast,
so I usually eat very quickly.

2. 他在晚上或看电视或玩电脑游戏。

He either watches TV or plays
computer games in the evening.

3. 午餐，她吃很多的水果和蔬莱。

For lunch, she eats lots of fruit
and vegetables.

4. 冰淇淋尝起来很好，但对她的健康不好。

Ice-cream tastes good, but it's not
good for her.

5. 在晚上，我通常游泳或散步。

In the evening, I usually swim or take a walk.

6. 他有时候会打半个小时的篮球。

He sometimes plays basketball for half an hour.



Homework

Write down the activities you think are healthy and unhealthy.

Thank you

