Unit 1 What's the matter?

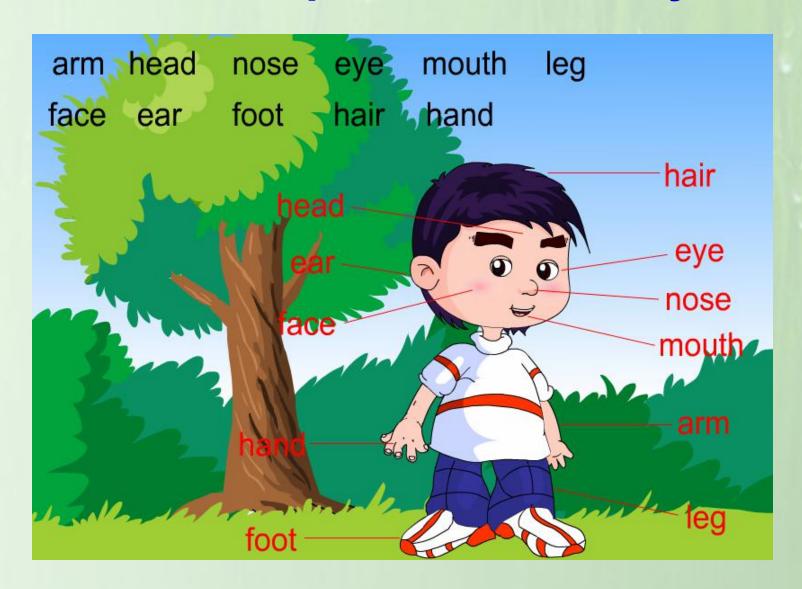




Period 5
3a-3b
Self check

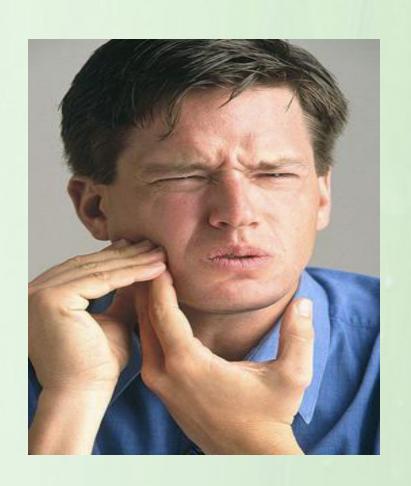


Let's learn the parts of the body.





What's the matter with him/her...?





He has a toothache. She has a toothache.





He has a fever.

She has a fever.





He has a sore throat. She has a sore throat.



He hurt himself.



She hurt herself.





He has a cold.

She has a cold.





He has a stomachache.

She has a stomachache.





He has a cough.

She has a cough.





He has a headache.

She has a headache.





He has a sore back.

She has a sore back.





He has a nosebleed. He has a heart problem.



Work in Pairs

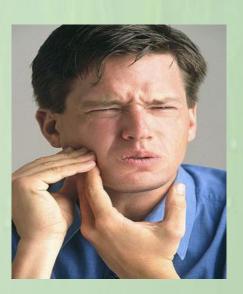


A: What's the matter with...?

B: He/She has a ...







hurt have a fever have a cold have a toothache have a headache have a sore throat



hurt

Revision Fill in the blanks.

Aron Ralston is an American mountain 1 . Therebwere many times when Aron almost lost his life because 2 accident. On April 26, 2003, He found himself in a very dangerous whenatlimbing in Utah. On that day, Aron's arm was caught under a 360-kilo rock that fell

on him when he was climbing by 4 himself in the mountains. Because he could not free his arm, he stayed there for five days and hoped that 5 someone would find him. But when his water ran 6 out, he knew that he would have to do something to 7 save his own life. He was not ready to die that day. So he used his

knife to 8 cut off half his right arm. Then, with his left arm, he bandaged himself so 9 that he would not lose too much 10 blood. After that, he climbed down the mountain to find help. His love for mountain climbing is 11 so great that he kept on 12 climbing mountains even after this experience.

Imagine you are the school nurse and a student just had an accident or a health problem. Make notes about what he/she should and shouldn't do.

Accident or health problem	He/She should	He/She shouldn't

Accident or health problem	He / She should	He/She shouldn't
have a sore back	lie down and rest	do sports
have a fever	take some medicine	• • •
have a sore throat	drink some hot tea	•••
have a toothache	see a dentist	• • •
cut myself	put some medicine on it	• • •

Write a conversation between the nurse and the student using the notes in 3a. Use the questions and phrases below to help you.

W	hat's the matter?/What happened?/Are you OK?
N	o, I don't feel well/ I feel /I have a /
S	Should I?
Y	ou should /You shouldn't
fe	ell down/got hit by /cut my self/hurt my
	Nurse:
	Student:

What's the matter?/ What happened?/ Are you OK? No, I don't feel well./ I feel.../ I have a .../ Should I ...? You should ... / You shouldn't... fell down/got hit by .../ cut myself / hurt **my...**

Pair work

What's the matter?





I ate too much junk food, and I got a stomachache.

You shouldn't eat so much next time. Now, you should lie down and rest.

What happened?



I have a toothache.

You should see a dentist and get an X-ray.

Are you OK?



I didn't wear enough warm clothes yesterday. Now have a cough.

You should drink some hot tea.

What's the matter?



I was making dinner just now and I cut myself accident.

You should put some medicine on it.

Self-check

Write different health problems next to the body parts. Then write more health problems you know of.

Head:	
Back:	
Throat:	
Tooth:	
Stomach:	
Other problems:	

Head: have a headache/get hit on the head

Back: have a sore back/hurt one's back

Throat: have a sore throat

Tooth: have a toothache

Stomach: <u>have a stomachache</u>

Other problems: have a fever/have a nosebleed/cut oneself

Put these questions and answers in order to make a conversation.

- 2 I hurt myself playing soccer.
 I have a sore leg.
- 4 What should I do?
- **5** I think you should see a doctor and get an X-ray.
 - 6 OK, thanks. I'll do that now.
 - 1 What's the matter?
- 3 Oh, that doesn't sound good.

Write advice for these people.

- 1) Problem: Alan cut himself.
 Advice: Put some medicine on it.
- 2) Problem: Cindy has a headache.

 Advice: Take a temperature and rest.
- 3) Problem: My cousins have bad colds. Advice: Lie down, rest and drink more water.
- 4) Problem: Jack hurt his back playing volleyball. Advice: Go to the hospital and get an X-ray.

反身代词

表示反射或强调的代词叫做反身 代词。反身代词是由第一人称、第二 人称形容词性物主代词或第一人称人 称代词宾格形式,词尾加self或selves 组成。反身代词可译为"本人"、 "本身",为加强语气,也常译为 "亲自"、"自己"。请见下表:

数	第一人称	第二人称	第三人称
单数	myself	yourself	himself herself itself
复数	ourselves	yourselves	themselves

句法作用	例句
宾语	The child can dress himself. 这孩子能自己穿衣服了。 Take good care of yourself. 好好照顾你自己。 But the driver didn't think about himself. 但是司机并没有为自己着想。

主语或宾语的同位语	Mrs. Black herself is a lawyer. 布莱克太太本人就是一名律师。 You had better ask the driver himself. 你最好问问司机本人。
表语	Just be yourself. 做你自己最好了。 Mary hasn't quite been herself recently. 玛丽近来感到不适。

I. 单项选择

- 1. What's **B** ?
 - I've got a headache.
 - A. the wrong B. the mater
 - C. trouble D. matter
- 2. Lucy has a toothache.
 - She should _____.
 - A. go to the movies B. go to the aquarium
 - C. go to see the dentist D. go sightseeing
- 3. If you have a sore throat, you should drink some hot tea ____ some honey.
 - A. with B. in

. on **D.** 1

4.	I'm a little B.	I want to drink
	something.	
	A. hungry	B. thirsty
	C. tired	D. angry
5.	We should A	a balanced diet.
	A. eat	B. to eat
	C. eats	D. eating
6.	f Jim is tired, he should	
	A. have a good res	t B. drink hot water
	C. see a dentist	D. exercise much

II. 连词成句

1. at, don't, very, moment, the, feel, well, I

I don't feel very well at the moment.

- 2.2. the, what's, your, pet, matter, little, with What's the matter with your little pet?
- 3.3. very, study, sometimes, 3 am, until, late, I I study very late, sometimes until 3 am.

4. had, lie, you, and, when, better, have, rest, you, down, are, tired, a

You'd better lie down and have a rest when you are tired.

5. that, to, sorry, I'm, hear I'm sorry to hear that.

III. 选词填空

see a dentist has got a fever early have some drinks, listen to music late

- 1. If you are stressed out, you should stop working and try to listen to music.
- 2. Are you thirsty?
 - Yes, I want to <u>have some drinks</u>.

- 3. My friends has got a toothache, so I tell her to <u>see a den</u>tist
- 4. It's good to sleep <u>early</u> and get up <u>early</u> in the morning.
- 5. Mr. Green doesn't feel well. He has got a fever.

IV.句型转换

1. She feels tired. (就划线部分提问)

How does she feel?

2. He has a sore back. (改成一般疑问句)

Does he have a sore back?

3. You should eat more meat.

(改成否定句)
Shouldn't
You eat more meat.

4. She will stay in Shenzhen for nearly three months. (对划线部分提问)

How long will she stay in Shenzhen?

5. I have a pain in my head.

(改成同义句)

I have a headache.

- V. 翻译句子
- 1. 牛奶能帮助你保持健康的身体。
 Milk can help you have

a healthy body.

2. 我爸爸告诉我好好学习英语。

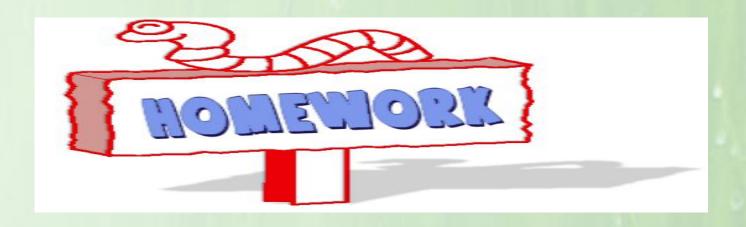
My father ____ me ___ stud

English well.

3. 我妈妈说我应该晚饭尽量少吃肉。
My mom said that I should ______
eat less meat for dinner.

- 4. 不要太疲劳, 不然会使你生病的。 Don't be too tired or it will
 - make you sick.
- 5. 我相信每天晚上8个小时的睡眠 很重要。
- I believe that it's important to

sleep 8 hours each night.



Do you know how to keep healthy?

Eating a balanced diet is very important.

Do you know what a balanced diet is?

Write an article about it.

